

Goto College Massage Treatment Center

Year of foundation:	April 2001
Treatment method:	Complete Decongestive Therapy (CDT), Foeldi method - skin care - manual lymph drainage - compression therapy - decongestive exercises - education in selfmassage and advice for everyday living
Number of patients:	approx. 2500
Number of therapists:	13

Goto College Lymphedema Institute

Year of foundation:	December 2007
Aims/	- provide evidence of CDT efficacy in cooperation with patients, medical doctors, and health care professionals
Activities:	- ensure a standard lymphedema treatment plan on the basis of medical diagnosis - cooperation with universities and research institutes - support for the NPO Medical Lymphdrainage Association of Japan - support for lymphedema treatment training institutes - support for lymphedema out-patient treatment center start-ups - enhancement of a national and international lymphedema network to provide an environment in which patients can undergo a safe treatment

Goto College Iriarai Clinic

- examination of primary and secondary lymphedema via ultrasound
- cooperation with the Goto College Massage Treatment Center
- providing documents that state the necessity of wearing compression garments